

Acoustically Engineered
Acoustic and vibration reduction by design. Bespoke systems designed and tested by Acousticians.

Multi-Zone Designs
Colour, performance, impact, run, drop, stretch, lift, throw and jump.

Drop Zone Solutions
Durability in high impact studios, free weight & dumbbells areas.

7 Steps To Gym Heaven

by **DYNAMIK**

Mondo Track
Mondo track biometric pressure plate interaction.

Anti-Vibration
Anti-vibration pads inter layers to stop noise and vibration transfer.

Easy To Clean
Hygienic easy clean non-porous gym surfaces.

Multi-Functional Zones
Track & turf, weights & lifting, gym & fitness.

www.dynamiksport.co.uk

CONTACT DYNAMIK FOR YOUR GYM HEAVEN

You may be involved in designing a brand new gym within a multi-use facility or looking to improve your existing free weights area. Perhaps you need some advice on creating an ideal gym environment. If so, then DYNAMIK has experience of refurbishing gym and activity spaces with the best products for your needs.

STEP 1

Think about where your gym will be in relation to other users of the building. Gyms can be noisy spaces without correct noise & vibration reduction. DYNAMIK offer bespoke systems designed and tested by acousticians to help limit the amount of noise or vibration produced by machines and gym users.

STEP 2

How do you want your gym to look? DYNAMIK offer Multi-Zone designs combining colour, performance and products fit for purpose depending on your specific requirements. This means that whatever space you have, large or small, you can have the gym of your dreams.

STEP 3

Whether you are creating a gym for public use in a leisure centre, or a sports facility within a school or university, DYNAMIK can advise on levels of durability and performance. For high impact studios, free weight and dumbbell areas our Drop Zone Solutions include multi-colour interlocking recycled rubber tiles, Mondo Ramflex non-porous hygienic flooring and synthetic turf zones.

STEP 4

As sole UK suppliers of the world class Mondo Track, DYNAMIK is experienced in advising on the best materials for your sporting requirements. Mondo Track biometric pressure plates and sprint straights can be incorporated into your indoor track or gym design.

STEP 5

Multi-Functional Zones are incorporated to create the best in gym design where areas are combined to include, for example, track and turf, weights and lifting, gym and fitness. DYNAMIK are experienced in co-ordinating your entire gym package.

STEP 6

DYNAMIK are leading experts providing fully tested acoustic sports floor solutions reducing noise and vibration transfer within your gym environment. Recognised by leading national governing bodies for sport in the UK they offer free advice and site visits to help you achieve the best environment for your sports facility.

STEP 7

A busy gym means more footfall which means more grime from sweaty bodies and footwear, so easy to clean floor surfaces are essential to maintain hygiene and to keep the surfaces performing at their optimum level. DYNAMIK can provide hygienic easy to clean non-porous gym surfaces for high usage areas without compromising on performance.



If you are designing a new space for sports or multi-activity then DYNAMIK can provide up to date technical guidance from the leading UK sports governing bodies.

About DYNAMIK Sport:

DYNAMIK Sport are the Official Indoor Sports Flooring Partner to both Basketball England and England Netball and are Official Technical Partners to British Wheelchair Basketball. DYNAMIK design, supply and install a full range of indoor sports flooring options from track & gym solutions to sprung sports systems finished in timber or a range of solid synthetic playing surfaces. DYNAMIK provide free of charge quotations and site surveys throughout the UK.



 @DynamikSport

 DYNAMIK Sport Surfaces Ltd